

Month	Week of	Instructional Days	Grade 8	Grade 9	Grade 10/11
August	7/29	0	Professional Development		
	8/5	4	First Week of School - Initial Culture and Relationship Building		
	8/12	4	Unit 1 - Mindset Matters / Fitness / Stations	Unit 1 - Unlocking Potential / Fitness / Stations	Unit 1 - Mental Strength Training / Fitness / Stations
	8/19	4	15 Days	15 Days	15 Days
	8/26	4	4 Lessons, 4 Workouts, 1 Review Day, 2 Assessments, 2 flex	4 Lessons, 4 Workouts, 1 Review Day, 2 Assessments, 2 flex	4 Lessons, 4 Workouts, 1 Review Day, 2 Assessments, 2 flex
September	9/2	3			
	9/9	4	Unit 2 - Whaky Baseball (Striking and Fielding)	Unit 2 - Whaky Baseball (Striking and Fielding)	Unit 2 - Whaky Baseball (Striking and Fielding)
	9/16	4	16 Days	16 Days	16 Days
	9/23	4	2 Lessons, 2 Skill Days, 6 Game Days	2 Lessons, 2 Skill Days, 6 Game Days	2 Lessons, 2 Skill Days, 6 Game Days
	9/30	4	2 Writing Days, 2 Assessments, 2 flex	2 Writing Days, 2 Assessments, 2 flex	2 Writing Days, 2 Assessments, 2 flex
October	10/7	0	Fall Break		
	10/14	4	Unit 3 - Goal Setting / Stations	Unit 3 - Pathway to Success: Setting & Achieving Goals in PE / Stations	Unit 3 - Future Focus: Goal Setting for Success / Stations
	10/21	4	12 Days	12 Days	12 Days
	10/28	4	4 Lessons, 4 Workouts, 1 Assessment, 3 flex	4 Lessons, 4 Workouts, 1 Assessment, 3 flex	4 Lessons, 4 Workouts, 1 Assessment, 3 flex
November	11/4	4	Unit 4 - Scooter Strike Challenge	Unit 4 - Scooter Strike Challenge	Unit 4 - Scooter Strike Challenge
	11/11	3	12 Days	12 Days	12 Days
	11/18	4	1 Review Day, 1 Assessment, 1 Flex	1 Review Day, 1 Assessment, 9 Game Days (DBE), 1 Flex	1 Review Day, 1 Assessment, 9 Game Days (DBE), 1 Flex
	11/25	0	Thanksgiving Break		
December	12/2	4	Unit 5 - Volleyball	Unit 5 - Volleyball	Unit 5 - Volleyball
	12/9	4	11 Days	11 Days	11 Days
	12/16	4	2 Lessons, 1 Review Day, 1 Assessment, 6 Game Days (DBE), 1 Flex	2 Lessons, 1 Review Day, 1 Assessment, 6 Game Days (DBE), 1 Flex	2 Lessons, 1 Review Day, 1 Assessment, 6 Game Days (DBE), 1 Flex
	12/23	0			

	12/30	0	Winter Break		
January	1/6	0			
	1/13	4	Unit 6 - State Fitness Testing / Stations	Unit 6 - State Fitness Testing / Stations	Unit 6 - State Fitness Testing / Stations
	1/20	3	18 Days	18 Days	18 Days
	1/27	4	1 Lesson, 15 Assessment Days, 2 flex	1 Lesson, 15 Assessment Days, 2 flex	1 Lesson, 15 Assessment Days, 2 flex
February	2/3	4			
	2/10	3			
	2/17	3	Unit 7 - Kan Jam / Make Up State Testing	Unit 7 - Kan Jam / Make Up State Testing	Unit 7 - Kan Jam / Make Up State Testing
	2/24	4	11 Days	11 Days	11 Days
March	3/3	4	1 Lesson, 1 Review Day, 1 Assessment, 7 Game Days (DBE), 1 Flex	1 Lesson, 1 Review Day, 1 Assessment, 7 Game Days (DBE), 1 Flex	1 Lesson, 1 Review Day, 1 Assessment, 7 Game Days (DBE), 1 Flex
	3/10	4	Unit 8 - Nutrition	Unit 8 - Nutrition	Unit 8 - Nutrition
	3/17	4	16 Days	16 Days	16 Days
	3/24	4			
	3/31	4	2 Lessons, 1 Review Day, 1 Assessment, 7 Activities, 1 Flex	2 Lessons, 1 Review Day, 1 Assessment, 7 Activities, 1 Flex	2 Lessons, 1 Review Day, 1 Assessment, 7 Activities, 1 Flex
April	4/7	4	Unit 9 - Fitness Focus / Plan for Student Designed Fitness Leadership	Unit 9 - Fitness Focus / Plan for Student Designed Fitness Leadership	Unit 9 - Fitness Focus / Plan for Student Designed Fitness Leadership
			4 Days	4 Days	4 Days
			2 Planning Days, 2 Activity Days	2 Planning Days, 2 Activity Days	2 Planning Days, 2 Activity Days
	4/14	0	Spring Break		
	4/21	3	Unit 10 - Student Designed Fitness Leadership	Unit 10 - Student Designed Fitness Leadership	Unit 10 - Student Designed Fitness Leadership
	4/28	4	19 Days ? Testing	19 Days ? Testing	19 Days ? Testing
May	5/5	4	5 Lessons, 15 Activity Days	5 Lessons, 15 Activity Days	5 Lessons, 15 Activity Days
	5/12	4			
	5/19	4			
	5/26	3	Finals Week		
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